



# Warwickshire Amateur Swimming Association

(Established 1913)

President 2019 - 2021, Mrs Elaine Gale

31st May 2021

## WARWICKSHIRE ASA VIRTUAL DEVELOPMENT DAY 2021

Warwickshire County Swimming Association is running a Virtual Development Day for all its swimmers aged 11 (age as of 31st December 2021) on Sunday 27th June 2021. This is the first stage on the Swim England Talent pathway. The Development Day will be held via a Zoom conference lead by County Head Coach Kim Mortimer. The second stage will be an invite for the top 36 swimmers in the county to attend a 1-day training session on the afternoon of 20<sup>th</sup> November 2021. The selection criteria is yet to be determined by Swim England.

The content of the day will include a presentation on Individual Medley turns and transitions as well as other content under the directive of England Talent. The timetable is as follows:

### Timetable

Time	Session
08:30 – 08:45	Open Zoom and Swimmers and Coach Registration
08:45 – 09:00	Intro by Head Coach – Produced by Swim England
09:00 – 9:45	Skill Coaches Who's Who.
09:45 – 10:45	Technical Medley Presentation on Turns and transitions
10:45 – 11:00	Comfort Break
11:00 – 12:00	Zoom Online Quiz ~ Lifestyle and Nutrition
12:00 – 12:30	Video of Interview with inspirational speaker
12:30 – 12:45	Comfort Break
12:45 – 13:00	Summary by Head Coach

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The County Virtual Development Day will be a zoom session on:

**Date:** Sunday 27th June 2021  
**Time:** 8.30 – 13:00  
**Venue:** Zoom

The sign-up process is via <https://forms.gle/9Txm6MK6zGX11sBx5> please respond to this invite no later than Friday 18th June 2021. Registration documentation will be sent out shortly afterwards and joining instructions will be sent out nearer the day.

The Development Day zoom will be free as it will be on this occasion funded by Warwickshire Amateur Swimming Association.

If you have any questions, please contact Keith Munday on: [keithmunday1@warwickshireswimming.org](mailto:keithmunday1@warwickshireswimming.org).

Regards

Keith Munday  
WASA County Day Programme Lead 2021